

A woman in profile, looking upwards, is superimposed over a vibrant sunset scene over the ocean. The sky is filled with colorful clouds in shades of orange, yellow, and blue. The water below is dark with gentle waves. The overall mood is serene and inspirational.

SHANEIKA GRIER

THE ULTIMATE FREE  
TEMPLATE TO ANCHOR  
YOUR LIFE.

[www.lifewithshaneika.com](http://www.lifewithshaneika.com)



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*"Anchoring your life is the key to unlocking emotional grounding, aligned decisions, and a life filled with purpose. When your soul is anchored in clarity, serendipities unfold, relationships thrive, and the best version of you rises effortlessly."*



## **Introduction**

Welcome to a transformative journey that has the potential to change your life in profound ways. This template is your companion, your guide, and your mirror as you take the powerful steps to anchor your life.

Anchoring your life is about more than just setting goals or making resolutions; it's about deeply connecting with who you truly are, gaining absolute clarity about what you want, and embedding that clarity into your subconscious mind. By doing so, you align your emotions, decisions, and energy with your highest purpose.

**After completing this template, JOIN the FREE \$500 VALUE Exclusive Group Session where I will walk you through three pivotal steps:**

1. **Discover Your True Self** – Beyond the noise of your circumstances and social labels lies the real you. Together, we'll uncover this deeper identity.
2. **Gain Absolute Clarity** – Through unique exercises, you'll craft a precise statement about your career, calling, and legacy—the foundation of your anchor.

3. **Anchor Your Statement** – Using a powerful and practical technique, you'll embed this clarity into your subconscious mind, transforming your internal world and external reality.

**As you work through this template, you'll experience shifts that feel good and also frustrating when the answers you are looking for are not coming with ease. Do not judge yourself, it's part of the process.**

## **KEEP YOUR EYES ON THE RESULTS**

- Emotional grounding and resilience.
- Better decision-making aligned with your highest good.
- Attracting the relationships and opportunities that uplift and inspire you.
- A daily sense of motivation, purpose, and joy.
- Freedom from toxic triggers and a newfound sense of peace.

This template is not just a set of exercises; it's a sacred tool for growth, clarity, and empowerment. Each section is designed to help you reflect, realign, and anchor your life with intention.

**Let's Begin**



## CAREER - TO FEEL ACCOMPLISHED

Answer the following questions in ten words or less.

**QA: What is your ultimate financial lifetime goal?**

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**QB: What kind of life experiences will the achievement of that financial goal give you?**

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**QC: What are the three major feelings these experiences will evoke about yourself?**

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## CALLING - TO FEEL FULFILLED

Answer the following questions in ten words or less.

**QA1: What is this highest and strongest one thing among many that you believe God has placed within you as a calling to do in this lifetime?**

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**QB1: What do you see yourself doing with this calling, and what types of good deeds or charitable projects do you believe you might take on in addition to fulfilling that calling?**

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**QC1: What are the 3 major feelings that fulfilling your calling will evoke within you about yourself?**

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## LEGACY - A LIFE WELL LIVED

Answer the following questions in ten words or less.

**QA2: Who are the people you wish to impact the most with your way of life?  
(Organize them into three categories.)**

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**QB2: What kind of memories do you envision creating with each of these groups of people?**

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**QC2: What are the three main values or qualities you would like them to remember you for?**

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Your Moment Of Realization

**COMPARE YOUR  
ANCHORING  
STATEMENT TO YOUR  
PREVIOUS ANSWER  
TO THE QUESTION:  
WHAT DO YOU WANT  
OUT OF LIFE?**

Tell me what you have noticed in a few words.

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# CONGRATULATIONS

You are qualified to attend my exclusive \$500-value group session, 'Anchor Your Life,' at no cost to you. Use the link below for private access.

**ON ZOOM** free granted access

YOU DESERVE THIS  
**FUN & EXCITING  
LEARNING  
MOMENT WITH**

**Shaneika**  
GRIER

CLICK THE LINK BELOW

**PRIVATE ACCESS PAGE LINK**

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